



## DELI



### **Ham**

Black Forest Ham  
Cooked Ham  
Rosemary Ham  
Tuscany Ham

### **Beef/Pork**

Roast Beef  
Angus Roast Beef  
Corned Beef  
Pastrami  
Eye Pastrami  
Montreal Smoked Meat  
Montreal Brisket  
Roast Pork Mild/Hot

### **Turkey**

Turkey Breast Cooked  
Turkey Breast Smoked  
Oven Roasted Turkey  
Oven Roasted Turkey - Nitrate Free  
Spicy Oven Roasted Turkey  
Sundried Tomato & Basil  
Jalapeno Turkey  
Buffalo Turkey  
Turkey Kolbassa  
Montreal Smoked Turkey  
Lifestyle Fat Free Turkey

### **Chicken**

Chicken Breast Cooked  
Chicken Breast Smoked  
BBQ Chicken  
Cajun Chicken  
Oven Roast Chicken  
Mediterranean Chicken  
Oven Roast Chicken Breast

### **Bacon**

Cherry Pink  
Danish Bacon  
Double Smoked  
Sliced Reg/Low Fat (retail package) 500g

### **Beach Road Kielbasa**

\*World Famous (Lean & Gluten Free)

### **Salami**

All Beef Salami  
Cervelat Salami  
Caliente Salami  
Dry Salami  
German Salami  
Gypsy Salami  
Hungarian Salami  
Hungarian Hot Salami  
Mexican Salami  
Old Forest Salami  
Pepperseed Salami  
Portugese Salami Mild/Hot  
Square Salami  
Szegedi Salami  
Vienna Cooked Salami  
D'Amour Salami  
Chorizo - Spanish Style

### **Italian Products**

**PORCHETTA \*NEW**  
Prosciutto Salami  
Cooked Prosciutto Mild/hot  
Prosciutto  
Prosciutto Boneless X-Lean  
Mortadella #10  
Mortadella Lean/Hot  
Capicollo Mild/Hot  
Capicollo X-Lean Mild/Hot  
Capicollo X-Hot  
Genoa Mild/Hot  
Casalingo Mild/Hot  
Calabrese Salami  
Soppresata Salami  
Prosciuttino Mild/Hot  
Pancetta Mild/Hot  
Dry Sausage Mild/Hot  
Fresh Sausage Hot/Mild  
Friulano Salami  
Veneto Salami

### **LESTERS Products**

Spicies - All flavours  
Montreal Smoke Meat Pouches  
Cooked Corned Beef Brisket  
Corned Beef Brisket (Pail)  
Mock Chicken Loaf &  
Pepperoni Classico

### **Assorted Sausage/Cold**

Dry Pepperettes  
Dry Hot Pepperettes  
Hot Pepperettes Italian  
Mild Pepperettes Italian  
Napoli Pepperettes  
Fire Hot Pepperettes  
Mild Pepperettes Springers  
Beef Pepperettes Mild/Hot  
Wally Parr Pepperettes Mild  
Wally Parr Pepperettes Hot  
Kolbassa Sausage  
Kolbassa Chubs  
Polish Sausage  
Polish Chubs  
Pepperoni Long To Slice  
Pepperoni Piller's  
Pepperoni Pizza (2/pkg)  
Sliced Pepperoni Bulk  
Smoked Farmers Sausage  
Hungarian Smoked Sausage  
Bag Summer Sausage  
Beerwurst Sausage  
Krakovska Sausage  
Spiced Ham Sausage  
Head Cheese  
Pepperoni Salami  
Blue Ribbon  
All Beef Balogna  
Wax Bologna  
Garlic Bologna  
Bologna Euro  
All Veal Lyoner

### **Liver Sausage**

Liver Sausage Fine  
Liver Sausage Gold  
Liver Sausage Fine Chubs  
Liver Sausage Gold Chubs  
Liver Sausage Coarse Chubs

### **\*NEW - PORCHETTA**

Authentic recipe from Italy  
Sine 1917  
Natural ingredients  
Slice in your Deli or Hot Table

## CHEESE

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### **Canadian Cheese**

Cheddar Mild  
Cheddar Medium  
Cheddar Old  
Cheddar X-Old  
Cheddar Marble  
Shredded Cheddar 2.5 kg  
Shredded Cheddar Small  
Shredded Blend 2.5 kg  
Shredded Blend Small  
Brick Cheese  
Cream Cheese Plain  
Cream Cheese Pineapple  
Cream Cheese Herb & Spice  
Edam Cheese  
Lappi Low Fat  
Monterey Jack  
Havarti  
Havarti Caraway  
Havarti Herb & Spice  
Havarti Dill  
Havarti Jalapeno  
Havarti Light  
Old Nippy  
Submarine Sliced (2x2kg)  
Swiss Cheese  
Swiss Original  
Swiss Low Fat  
Cheddar Party Cubes 175 g  
Monterey Jack Party Cubes 175 g

### **Soya Cheese**

Parmesan Soya Wedge (12x250g)  
Havarti Soya (12x250g)  
Cheddar Soya (12X250g)  
Mozzarella Soya (12X250g)  
Jalapeno Soya (12X250g)  
Smoked Gouda Soya (12X250g)  
Mozzarella Soya (12X250g)  
Mozzarella Soya Sandwich (12x300g)  
Cheddar Soya Sandwich (12x300g)  
Grated Parmesan Soya Tub (6x200g)  
Grated Feta Soya Tub (6x200g)

### **Italian Cheese**

Bocconcini 1.5 kg  
Bocconcini 3 kg  
Crotonese  
Friulano  
Mozzarella  
Mozzarella Balls Tre Stella  
Mozzarella Balls Grande  
Mozzarella Balls International  
Mozzarella Low Fat  
Shredded Mozzarella 2.5 kg  
Shredded Mozzarella Small  
Parmesan Reggiano  
Parmesan Padano  
Grated Parmesan  
Provolone Saputo  
Provolone Tre Stelle  
Provolone International  
Grated Romano  
Romano  
Ricotta Grande  
Ricotta International  
Feta 3 kg  
Feta 1 kg

### **Sliced Cheese - Retail Packs (165g)**

Provolone (regular or light)  
Cheddar  
Swiss  
Mozzarella  
Havarti Creamy  
Havarti Light  
Havarti Jalapeno  
Havarti Herbs & Spice  
Havarti Dill  
Havarti Caraway

### **Sliced Deli - Retail Packs**

Smoked Turkey  
Mortadella  
Prosciutto  
Black Forest  
Capicollo  
Hungarian  
German  
Sliced Pepperoni

### **Specialty Cheese**

Asiago  
Brie Cheese Canadian 3 kg  
Brie Cheese French 3 kg  
Brie Small 125 kg  
Cambazola  
Camembret Canadian 1 kg  
Camembret French 1 kg  
Camembret Small 125 kg  
Danish Blue  
Feta In Oil  
Fontina  
Goat Cheese  
Goat Cheese Small  
Gouda Mild  
Gouda Medium  
Gouda Old  
Gouda Spicy  
Gouda Smoked  
Jarlsburg  
Jarlsburg Light  
Smoked Gruyere  
St. Jorge  
Baby Bels  
La Vache Qui Rit  
Piave  
Rotola - Salami  
Rotola - Prosciutto

### **\*NEW - Pineriver Cheese**

#### Flavoured Cheese

Gouda Cheese w Jalapeno  
Gouda Cheese w Dill  
Gouda Cheese w 5 Peppercorn  
Monterey Jack w Salsa  
White Cheddar w Ranch  
Crushed Chili  
Caramelized Onion Cheddar  
Maple Cheddar  
Thai Curry Cheddar  
\* NEW Raspberry Fudge Cheese  
\* NEW Fudge Cheese

## BAKERY

### ***Grab and Go Desserts***

Almond Crostata  
Pecan Crostata  
Lemon Crostata  
Apple Caramel Crostata  
Cranberry Pecan Crostata  
Chocolate Pecan Crostata  
Chocolate Dipped Macaroon  
Chocolate Macaroon  
Coconut Macaroon  
Two Bite Brownies  
Caramel Coffee Cakes  
Carrot Cakes  
Lil Cakes Original/Chocolate  
Ref Velvet Cupcakes  
Mini Two Bite Brownies (70g)  
Mini Macaroons Choc. Dipped  
Mini Chocolate Chip Cookies  
Mini Oatmeal Raisin  
Mini Cinnamon Rolls  
Individually Wrapped Raisin Tart  
Individually Wrapped Pecan Tart  
Raisin Butter Tarts (6)  
Pecan Butter Tarts (6)  
Plain Butter Tarts (6)  
Lemon Tarts (6)  
Palm Leaf Cookies

### ***Prepared Pastries***

Cream Horns  
Portugese Custard Tarts  
Rum Balls  
Eclairs  
Cream Puffs  
Napoleon  
Cherry Cheese Cake Slices (12bx)  
Blueberry Cheese Caked Slices (12bx)

### ***Amaretti Cookies (kg)***

Amaretti Plain  
Amaretti w Almonds (also in Retail Pack)  
Dessert Cookies with Red Cherry  
Dessert Cookies with Green Cherry  
Dessert Cookies with Almond  
Dessert Cookies with Sliced Almond  
Dessert Cookies with Coffee  
Lemon Drops & Cherry Drops  
Nutty Chocolate

### ***Slab Cakes***

Slab Nanaimo  
Slab Macaroon Madness  
Slab Deep Dutch Brownies  
Slab Tiger Brownie  
Slab Triple Choc. Chunk Brownie  
Slab Triple Choc. Fudge Cake  
Slab Date Square  
Slab Country Carrot Cake  
Slab Haystack Brownie  
Slab Red Velvet  
Slab Vanilla Bean  
Slab Pecan Caramel Brownie  
Slab Butter Pecan Fudge  
Slab Butterscotch Bars  
Slab Apple Crumble  
Slab Sticky Toffee Pudding  
Slab Triple Berry Crumble  
Slab German Chocolate  
Slab Silk Chocolate Truffle  
Slab Tuxedo Truffle  
Slab Lemonicious Bar  
Slab Nanaimo Cappucino  
Slab Nanaimo Peanut Butter  
Slab Nanaimo Irish Cream  
Slab Mango Mousse  
Slab Citrus Orange  
Slab Strawberry Shortcake  
Slab Chocolate Layer Cake

### ***Scoop n Serve - 600g Retail Pack***

Tiramisu, Blueberry Peach Crumble  
Crispy Mousse, Cookies N Cream  
Strawberry Shortcake

### ***Dessert Cups (100g)***

Tiramisu, Caramilk, Dairymilk

### ***\*NEW - Beverley Tarts***

Plain Butter Tarts  
Raisin Butter Tarts  
Pecan Butter Tarts  
Walnut Butter Tarts  
Raspberry Coconut Butter Tarts  
Maple Walnut  
Double Decadent Chocolate

### ***Pre-Sliced Cakes (12)***

Nanaimo Bars  
Macaroon Madness Bar  
Deep Dutch Brownie  
Tiger Brownie  
Triple Choc. Chunk Brownie  
Triple Chocolate Fudge Cake  
Date Square  
Red Velvet  
Haystack Brownie  
Butter Pecan Fudge Cake  
Butterscotch Bars  
Country Carrot Cake  
Pecan Caramel Brownie  
Tripleberry Crumble  
Apple Crumble

### ***8" Coffee Cakes***

Cinnamon  
Chocolate  
Espresso  
Wildberry  
Green Apple  
Strawberry Infused  
Red Velvet Infused  
Dolce de Leche Infused  
Chocolate Hazelnut Infused  
Lemon Infused

### ***Cream Cakes (8")***

Carrot  
Chocolate  
Blueberry Cheesecake  
Cappucino  
Blackberry

### ***Bar Cakes (12" x 4")***

Tuxedo  
Tiramisu  
Blackforest  
Chocolate Mousse  
Carrot

### ***Snacks***

Beef Patties (Mild/Hot/Veg/Chicken)  
Beef Sausage Rolls  
Samosa (Beef/Chicken/Vegetable)  
Spring Rolls (Beef/Chicken/Vegetable)

## SALADS

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### **Summer Fresh Dips & Hummus 227gm**

Artichoke & Asiago Dip  
Spinach Dip  
Brushetta  
Tzatziki  
Hummus  
Roasted Garlic Hummus  
Roasted Red Pepper Hummus  
Greek Yogurt Cucumber Garlic (200g)  
Greek Yogurt Jalapeno (200g)

### **Summer Fresh Topped Hummus (300g)**

Chick Pea & Pinenut Topped Hummus  
Roasted Garlic Topped Hummus  
Spicy Chili Topped Hummus  
Roasted Red Pepper Topped Hummus

### **Summer Fresh Snack n Go 83g**

Original Hummus  
Roasted Garlic Hummus  
Roasted Red Pepper Hummus

### **Summer Fresh Grain Salad (8x200g)**

Seven Grain  
Greek Couscous  
Multi Grain Quinoa

### **Summer Fresh Salad Bowls 300g**

Greek Couscous  
Pad Thai  
Asian Ginger Noodle  
Tuscan Chick Pea

### **Summer Fresh Meals To Go (6x264g)**

Greek Couscous  
Seven Grain  
Tabouleh

### **Keybrand/Sequal Salad**

Potato  
Macaroni  
Kentucky Coleslaw  
Potato & Egg  
Coleslaw Olive & Vinegarette  
Creamy Coleslaw  
Vegetable  
Mac & Cheese  
Mixed Bean  
Hawaiian Delight

### **Summer Fresh Salads (4x1.5kg)**

Original Potato  
Potato & Egg Salad  
Macaroni Salad  
Creamy Coleslaw  
Regular Coleslaw  
Macaroni 3 Cheese  
Canadiana Potato Salad  
Pasta w/ Cheese & Potato  
Pennine Greek Feta Pasta  
Sicilian Pasta Salad  
Summer Rotini Salad  
Seven Grain Salad  
Four Bean Salad  
Tuscany Bean  
Deluxe Bean  
Santorini Couscous  
Wheatberry Salad  
Wild Rice Squash & Cranberry  
Asian Ramen Noodle  
Roasted Tomato Rotini  
Curried Couscous  
Baba Gnanouj  
Olive & Greek Feta Pasta  
Red Skin Potato Salad  
Edamame & Tomato Salad

### **\*NEW\* Guy Fieri Sauce**

Buffalo Wing Sauce (6x354ML)  
Habanero Wing Sauce  
Korean BBQ Wing Sauce  
Chipotle Salsa (6X420ML)  
Original Salsa  
7 Pepper Salsa  
Verde Salsa  
Carolina BBQ Sauce (6X494ML)  
Bourbon Brown Sugar BBQ Sauce  
Pacific Rim Wok & Sauce  
Kansas City BBQ Sauce  
Creamy Carolina Slaw Dressing (6X354ML)

### **\*NEW\* Mario Batali Pasta Sauce**

Marina Pasta Sauce (6x680ML)  
Tomato Basil Pasta Sauce  
Arrabiata Pasta Sauce  
Alla Vodka Sauce

### **\*NEW\* Fresh SALSA (mild or hot)**

All Natural, No Preservatives, No Additives

## GROCERY

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### **Food Service Products**

Cooked Pork Back Ribs in BBQ Sauce (12x500g)  
Prime Rib, Rare Cooked (2x4-5.5kg)  
Diced Turkey in Cacciatore  
Pulled Pork in BBQ Sauce  
San Marzano Peeled Tomatoes  
Sliced Pepperoni Bulk  
Spring Rolls - Large/Small  
Lasagna or Cannelloni (Large or Small Tray)

### **Gluten-Free Products**

Dialdi Pasta 8x500g (Penne, Fusili, Caserecchi, Rigatoni)  
Beach Road Kielbassa  
Casa Italia products  
Freybe Pepperettes/European Weiners  
Summer Fresh Dips  
May Family Chicken (Cooked/Smoked/Cajun/BBQ Hot & Spicy)

### **Pasta Toscana Organic 12/500g**

Spaghetti  
Penne Rigate  
Farfelle

### **Pasta WholeWheat Omega3 12/500g**

Spaghetti  
Penne Rigate  
Tortiglioni

### **Specialty Water**

San Benedetto Mineral Water 24x500ML - Carbonated  
San Benedetto Mineral Water 6x1.5ML - Carbonated  
San Benedetto Mineral Water 12x750ML - Glass  
San Benedetto Mineral Water 24x500ML - Natural  
San Benedetto Mineral Water 6x1.5ML - Natural  
Voss Water 375ML - Sparkling  
Voss Water 375ML - Still  
Voss Water 800ML - Sparkling  
Voss Water 800ML - Still  
Ty Nant Natural Mineral Water 24x330ml - Still or Carbonated  
Ty Nant Natural Mineral Water 12x750ml - Still or Carbonated  
Ty Nant (PET) - 24/500ml or 12/1L

### **Sparkling Juice**

Rubicon Sparkling Guava - 1L Tetra/12 or 250ml can/24  
Rubicon Sparkling Lychee - 1L Tetra/12 or 250ml Can/24  
Rubicon Mango - 1L Tetra/12 or 250ml Can/24  
Rubicon Passion Fruit - 1L Tetra/12 or 250ml Can/24

### **Espresso**

Lavazza Rossa - 250g  
Lavazza Creame Gusto - 250g

### **RIO MARE SOLID White TUNA (oil or water)**

### **Bulk Olives (3kg or 12kg)**

Kalamata Jumbo  
Mammotha Green Black Olives  
Green Cracked  
Green Stuffed Olives w/Pimental  
Green Stuffed Mammoth

### **Retail Olives In Glass Jars (6X1L)**

Cerignola Green Olives  
Baresana Green Olives  
Castravetranno Green Olives

### **Retail Olives Plastic (Mini Pails) 6X1L**

Kalamata Olive  
Party Mix Olives  
Spiced Sicilian Olives

### **Deli Bulk Olive Products (2x3L)**

Bella Di Cerignola Olives  
Baresana Green Olives  
Sicilian Spiced Olives  
Artichokes 1/2 Heart Marinated In Oil  
Wild Mixed Mushroom In Oil

### **Deli Bulk Antipasto Product (2x4L)**

Grilled Artichoke In Oil  
Marinated Mushrooms Sweet  
Sundried Tomatoes Whole

### **Fancy Orchio Glass Antipasto (6x5L)**

Marinated Baby Artichokes Hearts Orchio  
Sundried Tomatoes Whole Orchio  
Grilled Artichoke Quarters Orchio  
Hot Peppers In Oil 6x580ML  
Sundried Tomatoes Julienne 6x580ML (mini plastic)

### **\*NEW\* Watson Ridge**

Chicken Nuggets  
Chicken Strips  
Chicken Burger

### **\*NEW\* Cobblestone Farms Ribs**

Tradditonal BBQ Ribs  
Honey & Garlic Ribs

### **\*SEASONAL ITEM\***

Hillshire Cheddar Cocktail Weiners