



DELI

Ham

Black Forest Ham
 Cooked Ham
 Rosemary Ham
 Tuscany Ham
 Honey Maple Ham



Beef/Pork

Roast Beef/Roast Beef Nitrate Free
 Angus Roast Beef
 Corned Beef
 Pastrami/Eye Pastrami
 Montreal Smoked Meat
 Montreal Brisket
 Roast Pork Mild/Hot



Turkey

Turkey Breast Cooked
 Turkey Breast Smoked
 Oven Roasted Turkey
 Oven Roasted Turkey - Nitrate Free
 Spicy Oven Roasted Turkey
 Sundried Tomato & Basil
 Jalapeno Turkey
 Buffalo Turkey
 Turkey Kolbassa
 Montreal Smoked Turkey
 Lifestyle Fat Free Turkey
 Cajun Turkey

Chicken

Chicken Breast Cooked
 Chicken Breast Smoked
 BBQ Chicken
 Cajun Chicken
 Oven Roast Chicken
 Italian Chicken

Bacon

Cherry Pink (Minimum order of 50cs)
 Danish Bacon
 Double Smoked
 Retail Bacon 32 x 375gm
 (Regular, Less Salt, Thick Sliced)

Beach Road Kielbasa

Salami

All Beef Salami
 Cervelat Salami
 Caliente Salami
 Dry Salami
 German Salami
 Gypsy Salami
 Hungarian Salami
 Hungarian Hot Salami
 Mexican Salami
 Old Forest Salami
 Pepperseed Salami
 Portugese Salami Mild/Hot
 Mustardseed Square Salami
 Szegedi Salami
 Vienna Cooked Salami
 D'Amour Salami
 Chorizo - Spanish Style



Italian Products

Prosciutto Salami
 Cooked Prosciutto (Prosciutto Cotto)
 Prosciutto (Domestic/Imported)
 Prosciutto Boneless X-Lean (Half Moon)
 Soppressa Al Prosciutto
 Mortadella Roped (Natural Casing)
 Mortadella Regular/Lean/Hot
 Capicollo Mild/Hot
 Capicollo X-Lean Mild/Hot
 Capicollo X-Hot
 Genoa Mild/Hot
 Casalingo Mild/Hot
 Calabrese Salami
 Soppressata Salami
 Prosciuttino Mild/Hot
 Pancetta Mild/Hot
 Dry Sausage Mild/Hot
 Fresh Sausage Hot/Mild
 Friulano Salami
 Veneto Salami



Assorted Sausage/Cold

Dry Pepperettes (2x1.5kg)
 Dry Hot Pepperettes (500gm)
 Hot Pepperettes Italian
 Mild Pepperettes Italian
 Napoli Pepperettes
 Fire Hot Pepperettes
 Mild Pepperettes Springers
 Beef Pepperettes Mild/Hot (Pairs)
 Wally Parr Pepperettes Mild
 Wally Parr Pepperettes Hot
 Kolbassa Sausage
 Kolbassa Chubs
 Polish Sausage
 Polish Chubs
 Pepperoni Long To Slice
 Pepperoni Piller's
 Sliced Pepperoni Bulk
 Bag Summer Sausage
 Beerwurst Sausage
 Krakovska Sausage
 Head Cheese
 Pepperoni Salami
 Blue Ribbon
 All Beef Bologna
 Wax Bologna
 Garlic Bologna
 Bologna Euro
 All Veal Lyoner



LESTERS Products

Spicies - All flavours
 All Beef Salami
 All Beef Hot Dogs
 Cooked Roast Beef Round
 Pepper Beef Round NY Style
 Cooked Corned Beef Brisket
 Corned Beef Brisket Pail
 Montreal Smoked Meat Brisket
 Montreal Smoked Meat Pouch
 Smoked Meat Brisket Centre Cut
 Pastrami Smoked Meat Eye Round

Liver Sausage

Liver Sausage Fine Chubs
 Liver Sausage Gold Chubs

*World Famous (Lean & Gluten Free)

Liver Sausage Coarse Chubs

CHEESE

Canadian Cheese

Cheddar Mild
 Cheddar Medium
 Cheddar Old
 Cheddar X-Old
 Cheddar Marble
 Shredded Cheddar 2.5 kg
 Shredded Cheddar Small
 Edam Cheese
 Lappi Low Fat
 Monterey Jack
 Havarti
 Havarti Herb & Spice
 Havarti Jalapeno
 Havarti Light
 Submarine Sliced (2x2kg)
 Swiss Cheese
 Swiss Original



Soya Cheese

Cheddar Soya (12X250g)
 Mozzarella Soya (12X250g)
 Jalapeno Soya (12X250g)
 Smoked Gouda Soya (12X250g)
 Mozzarella Soya Sandwich (12x300g)
 Cheddar Soya Sandwich (12x300g)
 Grated Parmesan Soya (6x200g)
 Parmesan Soya Wedge (6x200g)



Pineriver Cheese

Flavoured Cheese

Monterey Jack w Salsa
 White Cheddar w Ranch
 Crushed Chili
 Caramelized Onion
 Raspberry Fudge Cheese
 Fudge Cheese

Italian Cheese

Bocconcini 1.5 kg
 Bocconcini 3 kg
 Crotonese
 Friulano
 Mozzarella
 Mozzarella Balls
 Shredded Mozzarella 2.5 kg
 Shredded Mozzarella Small
 Parmesan Reggiano
 Parmesan Padano
 Grated Parmesan
 Provolone
 Grated Romano
 Romano
 Feta 3 kg
 Feta 1 kg

Specialty Cheese

Asiago
 Brie Small 125 kg
 Cambazola
 Camembret Small 125 kg
 Danish Blue
 Feta In Oil
 Fontina
 Goat Cheese
 Gouda Mild
 Gouda Medium
 Gouda Old
 Gouda Spicy
 Gouda Smoked
 Jarlsburg
 Jarlsburg Light
 Smoked Gruyere
 Baby Bels
 La Vache Qui Rit
 Piave
 Savello Di Roma
 Gorgonzola
 Oka Cheese
 Montasio
 Beemster (X-Old/Classic)

Silani Cheese

Mascarpone VP
 Mascarpone Cup
 Cherry Bocconcini 130g
 Fresh Mozzarella
 Ricotta Regular Cups
 Ricotta Light Cups
 Omega 3 Grated Parmesan
 w/ Flax Seed Oil
 Feta Crumble Bag
 Shredded Mozzarella Bag 340gm
 Shredded Cheddar Bag 340gm
 Shredded Nacho Mix Bag 340gm



*Pre Sliced Cheese Variety Flavor

Sliced Meat

(Simply Free, San Danielle, Carl Buddig)

Genoa Sliced
 Capicola Sliced
 Calabrese/Soppresatta Sliced
 Pancetta Sliced
 Prosciutto Sliced
 Mortadella Sliced
 Black Forest Ham Simply Free
 Shaved Chicken Breast
 Buddig Pouch Ham
 Buddig Pouch Turkey
 Buddig Pouch Corned Beef
 Buddig Pouch Pastrami
 Buddig Pouch Honey Ham
 Buddig Cotto Salami
 Buddig Pouch Honey Turkey
 Buddig Pouch Black Forest Ham
 Buddig Tub Turkey/Ham
 Buddig Tub Corned Beef
 Buddig Tub Honey Ham
 Buddig Tub Chicken



BAKERY

Grab and Go Desserts

Almond Crostata
Pecan Crostata
Apple Caramel Crostata



Chocolate Macaroon 280gm
Coconut Macaroon 280gm
Two Bite Brownies 280gm



Mini Two Bite Brownies 70gm
Mini Macaroons Choc. Dipped 70gm
Mini Chocolate Chip Cookies 70gm
Mini Cinnamon Rolls 70gm

Individually Wrapped Raisin Tart
Individually Wrapped Pecan Tart

Lil' Vanilla Cupcakes 16x300gm
Lil' Chocolate Cupcakes 16x300gm
Lil' Red Velvet Cupcakes 16x300gm

Raisin Butter Tarts (6)
Pecan Butter Tarts (6)
Plain Butter Tarts (6)
Lemon Tarts (6)
Palm Leaf Cookies

Beverley Tarts

Plain Butter Tarts
Raisin Butter Tarts
Pecan Butter Tarts
Walnut Butter Tarts
Raspberry Coconut Butter Tarts
Chocolate Tarts

Prepared Pastries

Cream Horns
Portugese Custard Tarts
Rum Balls
Eclairs (Chocolate or Custard)
Napoleon

Dessert Cups (100g)

Tiramisu (available in 600gm bowl)
Caramilk
Dairy Milk



Slab Cakes/Pre-Sliced (12)

Slab Nanaimo
Slab Macaroon Madness
Slab Deep Dutch Brownies
Slab Tiger Brownie
Slab Triple Choc. Chunk Brownie
Slab Triple Choc. Fudge Cake
Slab Date Square
Slab Country Carrot Cake
Slab Haystack Brownie
Slab Red Velvet
Slab Pecan Caramel Brownie
Slab Butter Pecan Fudge
Slab Butterscotch Bars
Slab Apple Crumble
Slab Tuxedo Truffle
Slab Lemonicious Bar
Slab Strawberry Shortcake
Slab Chocolate Layer Cake



8" Coffee Cakes

Cinnamon
Chocolate
Espresso
Wildberry



Cream Cakes (8")

Carrot
Chocolate
Blueberry Cheesecake
Blackberry

Bar Cakes (12" x 4") & (5" x 5")

Black Forest (Available Both Size)
Carrot (Available Both Size)
Tuxedo (Available Both Size)
Tiramisu (Available Both Size)
Chocolate (12x4 only)
Chocolate Hazelnut (5x5 only)
Strawberry (5x5 only)
Dulce De Leche (5x5 only)
Mango (5x5 only)

Shire's Bakery Cookies

Chocolate Chip
Double Choc. Chip
Oatmeal Raisin



Daboom! Desserts

Daboom Squares
Carrot Caramel Stack
Apple Cobbler



Super Fudge Brownie (Gluten Free)
Rocky Fudge Squares (Gluten Free)

Daboom Single Serving

Cookie Dough Cheesecake
Chocolate Stack w/ Oreo

Molten Lava
Chocolate Bomb



Daboom Cheesecakes

Carrot Caramel
Cherry



Dulce De Leche
New York Style

Peanut Butter Brownie (Gluten Free)
Raspberry Greek Yogurt

Daboom Chocolate Cakes

Sweet & Salty Truffle (Gluten Free)
White Chocolate Brownie

Reeses Pieces Pie
Chocolate Pecan Pie



Specialy Imported From Italy

Apolini
Cream Horns (Large/Small)
Sicilian Cannoli (Large/Small)
Sfogliatelle (Small/Large)

Snacks

Beef Patties
(Mild/Hot/Vegetable/Chicken)
Samosa
(Beef/Chicken/Vegetable)
Spring Rolls
(Beef/Chicken/Vegetable)
Falafels
Pizza Wraps
Beef Pies
Steak Pies
Chicken Pies



Signature Salsa 400g

Mild Salsa
Hot Salsa
Bruschetta
Garlic Dip



Oatmeal Choc. Chip

SALADS

Summer Fresh Dips & Hummus 227gm

- Artichoke & Asiago Dip
- Spinach Dip
- Bruschetta
- Tzatziki
- Hummus
- Roasted Garlic Hummus
- Roasted Red Pepper Hummus



Summer Fresh Snack n Go 83g

- Original Hummus
- Roasted Garlic Hummus
- Roasted Red Pepper Hummus



Summer Fresh Grain Salad (8x200g)

- Seven Grain
- Greek Couscous
- Multi Grain Quinoa



Summer Fresh Salad Bowls 300g

- Pad Thai
- Chick Pea
- Greek Pasta Feta



Summer Fresh Meals To Go (6x264g)

- Greek Couscous
- Seven Grain
- Tabouleh



Summer Fresh Salads (4x1.5kg)

- Original Potato
- Potato & Egg Salad
- Macaroni Salad
- Creamy Coleslaw
- Regular Coleslaw
- Macaroni 3 Cheese
- Pennine Greek Feta Pasta
- Sicilian Pasta Salad
- Summer Rotini Salad
- Seven Grain Salad
- Tuscany Bean
- Santorini Couscous
- Wheatberry Salad
- Wild Rice Squash & Cranberry
- Curried Couscous
- Olive & Greek Feta Pasta
- Red Skin Potato Salad
- Edamame & Tomato Salad



***NEW* My Little Chicke Pea**

- Gluten Free Falafels
- Naked Chick Pea
- Smoked Chipotle



Salads

- The Goddess
- Orange Ginger Raw Kale
- Ginger Mint Quinoa
- Mighty Kale Tabouli
- Roasted Beet Quinoa
- Fig & Paprika Lentils



Dips

- Smokin' Baba Ghanoush
- Thai Coconut Hummus
- Lemon Burst Hummus



Dressings & Marinades: Umami Miso, Roasted Lemon, Orange Ginger, Apple Cider

Keybrand/Sequal Salad

- Potato
- Macaroni
- Dixie Coleslaw (Kentucky Style)
- Potato & Egg
- Coleslaw Olive & Vinaigrette
- Mixed Vegetable
- Mac & Cheese
- Mixed Bean
- Hawaiian Delight
- Red Skin & Dill



GROCERY

Food Service Products

Meatballs
BBQ Chicken
BBQ Ribs
Fajita Chicken
Octoberfest
Breakfast Sausage



Guy Fierie Wing Sauce

Buffalo New York
Habanero Mustard
Korean BBQ



Guy Fierie Salsa

Chipotle
Original Salsa
7 Pepper Salsa
Verde Salsa



Guy Fierie BBQ Sauce

Carolina #6 BBQ Sauce & Marinade
Bourbon Brown Sugar
Kansas City
Apple BBQ Sauce
Sweet Srirachi
Rootbeer



Mario Batali Pasta Sauce

Marinara
Tomato Basil
Arrabiata
Alla Vodka



Villa Sauce

Sundried Tomato
Lemon Herb & Garlic
Basil Pesto
Arugula Pesto
Vegan
Roasted Pepper & Chive



Pasta Toscana Organic

Spaghetti
Ditali Rigati
Fusilli
Penne Rigate



Watson Ridge

Chicken Nuggets
Chicken Strps
Chicken Burger
Chicken Bites



Cobblestone Ribs

BBQ Ribs
Honey Garlic Ribs



Olives

Calamata
Black Colossal
Green Cracked
Green Pitted
Calamata Pitted
Green Stuffed Mammoth



Beverages (San Benedetto)

Natural Water 500ml
Natural Water 1LT
Carbonated Water 500m
Carbonated Water 1LT
Peach Iced Tea 500ml
Lemon Iced Tea 500ml



Mezza Magic

Slow Roast Cherry Tomato
Slow Roast Mixed Vegetables
Slow Roast Tomato

Rio Mare

Tuna in Water 80gm
Tuna In Oil 80gm
Insalatissime Beans 160g



Italy's Coffee

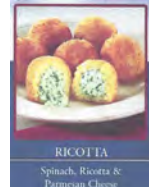
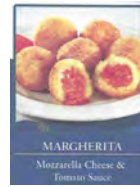
Lavazza Crema E Gusto (Blue)
(ground coffee 250gm)
Lavazza Rossa (Red)
(ground coffee 250gm)



Arancini

(Italian Rice Balls)

Arancini Siciliana
(Peas and Carrots in a Meat Sauce)
Arancini Margherita
(Mozzarella Cheese & Tomato Sauce)
Mini Arancini Ricotta
(Spinach, Ricotta & Parmesan Cheese)
Mini Arancini Margherita
(Mozzarella Cheese & Tomato Sauce)
Mini Arancini Porcini
(Mushroom, Cream Sauce & Mozzarella)



Sonora Wraps

8" White Flour
8" Whole Wheat
10" Whole Wheat
10" White Flour
10" Jalapeno
10" Tomato Basil
12" White Flour
12' Whole Wheat



Farfelle



