



## DELI



### Ham

Black Forest Ham  
Cooked Ham  
Rosemary Ham  
Tuscany Ham  
Honey Maple Ham



### Beef/Pork

Roast Beef/Roast Beef Nitrate Free  
Angus Roast Beef  
Corned Beef  
Pastrami/Eye Pastrami  
Montreal Smoked Meat  
Montreal Brisket  
Roast Pork Mild/Hot



### Turkey

Turkey Breast Cooked  
Turkey Breast Smoked  
Oven Roasted Turkey  
Oven Roasted Turkey - Nitrate Free  
Spicy Oven Roasted Turkey  
Sundried Tomato & Basil  
Jalapeno Turkey  
Buffalo Turkey  
Turkey Kolbassa  
Montreal Smoked Turkey  
Lifestyle Fat Free Turkey  
Cajun Turkey

### Chicken

Chicken Breast Cooked  
Chicken Breast Smoked  
BBQ Chicken  
Cajun Chicken  
Oven Roast Chicken  
Italian Chicken

### Bacon

Danish Bacon  
Double Smoked  
Retail Bacon 32 x 375gm  
(Regular, Less Salt, Thick Sliced)

### Beach Road Kielbasa

\*World Famous (Lean & Gluten Free)

### Salami

All Beef Salami  
Cervelat Salami  
Caliente Salami  
Dry Salami  
German Salami  
Gypsy Salami  
Hungarian Salami  
Hungarian Hot Salami  
Old Forest Salami  
Pepperseed Salami  
Portugese Salami Mild/Hot  
Mustardseed Square Salami  
Szegedi Salami  
Vienna Cooked Salami  
D'Amour Salami  
Chorizo - Spanish Style



### Italian Products

Prosciutto Salami  
Cooked Prosciutto (Prosciutto Cotto)  
Prosciutto (Domestic/Imported)  
Prosciutto Boneless X-Lean (Half Moon)  
Soppressa Al Prosciutto  
Mortadella Roped (Natural Casing)  
Mortadella Regular/Lean/Hot  
Capicollo Mild/Hot  
Capicollo X-Lean Mild/Hot  
Capicollo X-Hot  
Genoa Mild/Hot  
Casalingo Mild/Hot  
Calabrese Salami  
Soppresata Salami  
Prosciuttino Mild/Hot  
Pancetta Mild/Hot  
Dry Sausage Mild/Hot  
Fresh Sausage Hot/Mild



### Liver Sausage

Liver Sausage Fine Chubs  
Liver Sausage Gold Chubs  
Liver Sausage Coarse Chubs

### Assorted Sausage/Cold

Dry Pepperettes (2x1.5kg)  
Dry Hot Pepperettes (500gm)  
Hot Pepperettes Italian  
Mild Pepperettes Italian  
Napoli Pepperettes  
Fire Hot Pepperettes  
Mild Pepperettes Springers  
Beef Pepperettes Mild/Hot (Pairs)  
Wally Parr Pepperettes Mild  
Wally Parr Pepperettes Hot  
Kolbassa Sausage  
Kolbassa Chubs  
Polish Sausage  
Polish Chubs  
Pepperoni Long To Slice  
Sliced Pepperoni Bulk  
Bag Summer Sausage  
Beerwurst Sausage  
Krakovska Sausage  
Head Cheese  
Pepperoni Salami  
Blue Ribbon  
All Beef Bologna  
Wax Bologna  
Garlic Bologna  
Bologna Euro  
All Veal Lyoner



### LESTERS Products

Spicies - All flavours  
All Beef Salami  
All Beef Hot Dogs  
Cooked Roast Beef Round  
Pepper Beef Round NY Style  
Cooked Corned Beef Brisket  
Corned Beef Brisket Pail  
Montreal Smoked Meat Brisket  
Montreal Smoked Meat Pouch  
Smoked Meat Brisket Centre Cut  
Pastrami Smoked Meat Eye Round

## CHEESE

### Canadian Cheese

Cheddar Mild  
Cheddar Medium  
Cheddar Old  
Cheddar X-Old  
Cheddar Marble  
Shredded Cheddar 2.5 kg  
Shredded Cheddar Small  
Edam Cheese  
Lappi Low Fat  
Monterey Jack  
Havarti  
Havarti Herb & Spice  
Havarti Jalapeno  
Havarti Light  
Submarine Sliced (2x2kg)  
Swiss Cheese  
Swiss Original



### Soya Cheese

Cheddar Soya (12X250g)  
Mozzarella Soya (12X250g)  
Jalapeno Soya (12X250g)  
Smoked Gouda Soya (12X250g)  
Mozzarella Soya Sandwich (12x300g)  
Cheddar Soya Sandwich (12x300g)  
Parmesan Soya Wedge (6x200g)

### Bellavitano Cheeses

Espresso Tennessee Whiskey  
Merlot  
Raspberry  
Balsamic  
Chardonnay



### Santa Lucia

Fresh Mozzarella Duo  
Cherry Bocconcini  
Fiore de Latte



### Italian Cheese

Bocconcini 1.5 kg  
Bocconcini 3 kg  
Crotonese  
Friulano  
Mozzarella  
Mozzarella Balls  
Shredded Mozzarella 2.5 kg  
Shredded Mozzarella Small  
Parmesan Reggiano  
Parmesan Padano  
Grated Parmesan  
Provolone  
Grated Romano  
Romano  
Feta 3 kg  
Feta 1 kg

### Specialty Cheese

Asiago  
Brie Small 125 kg  
Cambazola  
Camembret Small 125 kg  
Danish Blue  
Feta In Oil  
Fontina  
Goat Cheese  
Gouda Mild  
Gouda Medium  
Gouda Old  
Gouda Spicy  
Gouda Smoked  
Jarlsburg  
Jarlsburg Light  
Smoked Gruyere  
Baby Bels  
La Vache Qui Rit  
Piave  
Savello Di Roma  
Gorgonzola  
Oka Cheese  
Montasio  
Beemster (X-Old/Classic/Slamkass & Vlaskass)

### Silani Cheese

Ricotta 454gm  
Ricotta Light 454gm  
Mozzarella Balls  
Sliced Assorted Cheeses 100gm  
Feta Crumble Bag  
Shredded Mozzarella Bag 340gm  
Shredded Cheddar Bag 340gm  
Shredded Nacho Mix Bag 340gm



### Sliced Meat

(Simply Free, San Danielle, Carl Buddig)

Genoa Sliced  
Capicollo Sliced  
Calabrese/Soppresatta Sliced  
Pancetta Sliced  
Prosciutto Sliced  
Mortadella Sliced  
Black Forest Ham Simply Free  
Shaved Chicken Breast  
Buddig Pouch Ham  
Buddig Pouch Turkey  
Buddig Pouch Corned Beef  
Buddig Pouch Pastrami  
Buddig Pouch Honey Ham  
Buddig Cotto Salami  
Buddig Pouch Honey Turkey  
Buddig Pouch Black Forest Ham  
Buddig Tub Turkey/Ham  
Buddig Tub Corned Beef  
Buddig Tub Honey Ham  
Buddig Tub Chicken



## BAKERY

### Grab and Go Desserts

Almond Crostata  
Pecan Crostata  
Apple Caramel Crostata



Chocolate Macaroon 280gm  
Coconut Macaroon 280gm  
Two Bite Brownies 280gm



Mini Two Bite Brownies 70gm  
Mini Macaroons Choc. Dipped 70gm  
Mini Chocolate Chip Cookies 70gm  
Mini Cinnamon Rolls 70gm

Individually Wrapped Raisin Tart  
Individually Wrapped Pecan Tart

Lil' Vanilla Cupcakes 16x300gm  
Lil' Chocolate Cupcakes 16x300gm  
Lil' Red Velvet Cupcakes 16x300gm

Raisin Butter Tarts (6)  
Pecan Butter Tarts (6)  
Plain Butter Tarts (6)  
Lemon Tarts (6)  
Palm Leaf Cookies

### Beverley Tarts

Plain Butter Tarts  
Raisin Butter Tarts  
Pecan Butter Tarts  
Walnut Butter Tarts  
Raspberry Coconut Butter Tarts

### Prepared Pastries

Cream Horns  
Portugese Custard Tarts  
Rum Balls  
Eclairs (Chocolate or Custard)  
Napoleon

### Dessert Cups (100g)

Caramilk  
Dairy Milk  
Tiramisu



Tiramisu (available in 600 gm)

### Slab Cakes/Pre-Sliced (12)

Slab Nanaimo  
Slab Macaroon Madness  
Slab Deep Dutch Brownies  
Slab Tiger Brownie  
Slab Triple Choc. Chunk Brownie  
Slab Triple Choc. Fudge Cake  
Slab Date Square  
Slab Country Carrot Cake  
Slab Haystack Brownie  
Slab Red Velvet  
Slab Pecan Caramel Brownie  
Slab Butter Pecan Fudge  
Slab Butterscotch Bars  
Slab Apple Crumble  
Slab Tuxedo Truffle  
Slab Lemonicious Bar  
Slab Strawberry Shortcake  
Slab Chocolate Layer Cake



### 8" Coffee Cakes

Cinnamon  
Chocolate  
Espresso  
Wildberry



Lemonpoppy seed

### Cream Cakes (8")

Carrot

### Mousse Cakes(8")

Mango  
Chocolate  
Starwberry

### Bar Cakes (12" x 4"/8" x 4"/6"x4")

Black Forest 6"x4"  
Strawberry Mousse 6"x4"  
Tuxedo "12x4" & "8x4"  
Tiramisu "12x4" & "8x4"  
Dble Chocolate (6x4 only)  
Rasp choc Mascarpone 12"x4" & 8"x4"  
Strawberry White Choc "12x4" X 8"x4"  
Mango Pineapple (6"x4" only)

### Shire's Bakery Cookies

Chocolate Chip  
Double Choc. Chip  
Oatmeal Raisin  
Oatmeal Choc. Chip



### Daboom! Desserts

Daboom Squares  
Carrot Caramel Stack  
Apple Cobbler  
Super Fudge Brownie (Gluten Free)  
Rocky Fudge Squares (Gluten Free)



### Daboom Single Serving

Cookie Dough Cheesecake  
Chocolate Stack w/ Oreo  
Molten Lava



Chocolate Bomb

### Daboom Cheesecakes

Carrot Caramel  
Cherry



Dulce De Leche

New York Style

Peanut Butter Brownie (Gluten Free)

Raspberry Greek Yogurt

### Daboom Chocolate Cakes

Sweet & Salty Truffle (Gluten Free)  
White Chocolate Brownie  
Reeses Pieces Pie  
Chocolate Pecan Pie



### Specialy Imported From Italy

Cream Horns (Large/Small)  
Sicilian Cannoli (Large/Samll)  
Sfogliatelle (Small/Large)

### La Rocca Cakes



### The Original Cakerie



## SALADS

### Snacks

Beef Patties  
(Mild/Hot/Vegetable/Chicken)  
Samosa  
(Beef/Chicken/Vegetable)  
Spring Rolls  
(Beef/Chicken/Vegetable)  
Falafels  
Pizza Wraps  
Beef / Steak / Chicken Pies



### **\*NEW\* My Little Chicke Pea**

Gluten Free Falafels  
Naked Chick Pea  
Smoked Chipotle



Sweet Potato Sliders



### **Summer Fresh Dips & Hummus 227gm**

Artichoke & Asiago Dip  
Spinach Dip  
Bruschetta  
Tzatziki  
Hummus  
Roasted Garlic Hummus  
Roasted Red Pepper Hummus  
Baba Ghanouj



### **Summer Fresh Snack n Go 83g**

Original Hummus  
Roasted Garlic Hummus  
Roasted Red Pepper Hummus



### **Summer Fresh Salad Bowls 300g**

Pad Thai  
Bean Medley  
Greek Pasta Feta  
Pasta Italiano



### **Summer Fresh Meals To Go (6x264g)**

Greek Pasta  
Bean Salad  
Seven Grain



### **Summer Fresh Salads (4x1.5kg)**

Original Potato  
Potato & Egg Salad  
Macaroni Salad  
Creamy Coleslaw  
Regular Coleslaw  
Quinoa Kale, Almonds & Feta  
Pennine Greek Feta Pasta  
Sicilian Pasta Salad  
Summer Rotini Salad  
Seven Grain Salad  
Tuscany Bean  
Santorini Couscous  
Wild Rice Squash & Cranberry



### **Keybrand/Sequal Salad**

Potato  
Macaroni  
Dixie Coleslaw (Kentucky Style)  
Potato & Egg  
Coleslaw Olive & Vinaigrette  
Mixed Vegetable  
Mac & Cheese  
Mixed Bean  
Hawaiian Delight  
Red Skin & Dill



Olive & Greek Feta Pasta  
Red Skin Potato Salad  
Edamame & Tomato Salad



## Resers

Sensational sides : Macaroni & cheese, Broccoli au Gratin, Creamy Cauliflower 340gm



Mashed Potatoes : Steakhouse Yukon, Signature creamy, Garlic 567g-680g

Salads 454gm

Macaroni

Potato

Potato & Egg

Crunchy Coleslaw

Classic Potato with Deviled Egg

Classic Pasta with Bacon and Ranch

Classic Gourmet Red Skin Potato Salad

Salads 1.2kg

Crunchy Coleslaw

Cheesy Macaroni

Potato

Potato & Egg

Macaroni



Sensational Baked Sides:

Macaroni & Cheese

Scalloped Potatoes

Sea Salt & Pepper Roasted Potatoes

Garlic & Rosemary Roasted Potatoes

Au Gratin Zesty Potatoes



## GROCERY

### Food Service Products

Meatballs

BBQ Chicken

BBQ Ribs

Fajita Chicken

Octoberfest

Breakfast Sausage



### Watson Ridge

Chicken Nuggets

Chicken Strps

Chicken Burger

Chicken Bites



### Cobblestone Ribs

BBQ Ribs

Honey Garlic Ribs



### Olives

Calamata

Black Colossal

Green Cracked

Green Pitted

Calamata Pitted

Green Stuffed Mammoth



### Arancini

#### (Italian Rice Balls)

Arancini Siciliana

(Peas and Carrots in a Meat Sauce)

Arancini Margherita

(Mozzarella Cheese & Tomato Sauce)

Mini Arancini Ricotta

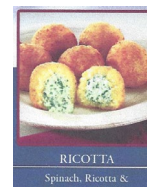
(Spinach, Ricotta & Parmesan Cheese)

Mini Arancini Margherita

(Mozzarella Cheese & Tomato Sauce)

Mini Arancini Porcini

(Mushroom, Cream Sauce & Mozzarella)



### Guy Ferie Wing Sauce

Buffalo New York

Habanero Mustard

Korean BBQ



### Guy Ferie Salsa

Chipotle

Original Salsa

7 Pepper Salsa

Verde Salsa



### Sonora Wraps

8" White Flour

8" Whole Wheat

### ***Guy Fieri BBQ Sauce***

Carolina #6 BBQ Sauce & Marinade  
Bourbon Brown Sugar  
Kansas City  
Apple BBQ Sauce  
Sweet Srirachi  
Rootbeer



### ***Little Italy Sauce***

Marinara  
Tomato Basil  
Arrabiata  
Alla Vodka



### ***Villa Sauce***

Basil Pesto  
Arugula Pesto  
Vegan  
Roasted Pepper & Chive



### ***Pasta Toscana Organic***

Spaghetti  
Ditali Rigati  
Fusilli  
Penne Rigate  
Farfelle



### ***Beverages (San Benedetto)***

Natural Water 500ml  
Natural Water 1LT  
Carbonated Water 500ml  
Carbonated Water 1LT  
Peach Iced Tea 500ml  
Lemon Iced Tea 500ml



### ***Mezza Magic***

Slow Roast Cherry Tomato  
Slow Roast Mixed Vegetables

### ***Rio Mare***

Tuna in Water 80gm  
Tuna In Oil 80gm  
Insalatissime Beans 160g



### ***Italy's Coffee***

Lavazza Crema E Gusto (Blue)  
(ground coffee 250gm)  
Lavazza Rossa (Red)  
(ground coffee 250gm)



10" Whole Wheat  
10" White Flour  
10" Jalapeno  
10" Tomato Basil  
12" White Flour  
12' Whole Wheat

